

Risk assessment

Ref no: RA38	Area: Swimming in the Exercise Pool and Testing Ladder	Assessor: Ian A Warne, Finance & Operations Director
	Date of assessment: 11/04/18	Reassessment date: Ad Hoc Assessment – Review before next use

Hazard	Who might be harmed and how?	Existing Control measures	Residual risk L/M/H	Action by who?
Drowning	Employee swimming	Ensure employee is a strong swimmer	L	
		Ensure the counter current machine can be easily switched off		
	Death	Ensure the process is monitored by a strong swimmer		
		First Aider to be aware of this happening		
		Ensure employee is never left alone in the pool		
		Ensure time spent in the pool is kept to the minimum required for test		
		Instruction, information, training and supervision.		
Slips and	Employee swimming and	Ensure working zone is clear and tidy and has plenty of light.	L	
Trips	any other attendees	Ensure area is kept as dry as possible to prevent slippage.		
		Clear any spills immediately		
	Muscular Skeletal and	Helpers to wear protective shoes with good grip to be worn at all times.		
	death by drowning	• Employee swimming to wear protective shoes up to the pool and immediately after exiting the pool		
		Care to be taken when accessing and egressing the pool		
		Instruction, information, training and supervision.		
Hypothermia	Employee swimming	Limit the time employee spends in the pool to the minimum required for the test PPE – Wetsuit jacket provided	L	
	Hypothermia	 Ensure towels and warm clothing available between tests and at the end of the test. Warm drinks to be available if required 		
		Instruction, information, training and supervision.		
Electrocution	Employee swimming and	Ensure all electrical equipment and cabling to be kept aware from the pool where	L	
	any other attendees	reasonable practicable.		
		Protective shoes with good grip to worn at all times.		
	Burns and Death	Ensure any equipment is suitable for its intended use.		
		Ensure the equipment has been maintained correctly.		
		Instruction, information, training and supervision.		

Working at	Employee Swimming	Testing process to be closely monitored by Walt Aggas	М	
height when		Care to be taken by employee swimming during testing process		
testing ladder	Muscular skeletal and	At any time the ladder looks unsafe test must stop immediately		
	death	Minimise amount of time to be taken for test		
		Ensure ladder is secured correctly before test commences		
		Instruction, information, training and supervision.		

Ensure the risk control still applies, if not contact the relevant department

Icontents of this Risk Assessment.	(name) do hereby declare that I have received, understood and will abide by th	ne
Signed:	Date:	

HOW TO CALCULATE A RISK RATING

	١	5	10	15	20	25
		4	8	12	16	20
SEVERITY		3	6	9	12	15
		2	4	6	8	10
		1	2	3	4	5
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Risk rating	Action and timescale
15 and above	Unacceptable
	Work may not start. Additional
	controls must be introduced to
	reduce risk rating to below 9.
9-14	Tolerable
	Additional controls must be
	introduced as soon as possible.
5-8	Tolerable
	Additional controls may be
	needed
4 or below	Acceptable

Likelihood	Severity
1 = extremely unlikely	1 = very minor injury
2 = unlikely	2 = first aid injury
3 = possible	3 = lost time injury
4 = likely	4 = hospital treatment
5 = very probable	5 = disabling injury

1-4 =	Low risk
6-9 =	Medium risk
10- 25=	High risk