

RISK ASSESSMENT

Title:	Working in Hot Weather and High Temperatures			Date of Assessment:	17/07/2018	Risk Assessor:	Ian Warne and Clare Crouch
Reference Number:	RA41	Version Number:	4	People involved in making this assessment:		Ian Warne and Clare Crouch	
Task/Process:	Working in hot weather and high temperatures			People at Risk:	Employees		
Documents Associated with this Risk Assessment:							
Review Date:	07/06/24	Reviewer:	Ian Warne		Next Review Date:	07/06/25	

Hazard: Dehydration	Risk of dizziness, fainting, extreme fatigue, loss of cognitive ability. Risk to employees.
Control Measures:	
1.	Additional breaks as agreed
2.	Drink plenty of fluids – ideally water (non alcoholic)
3.	Information, instruction, training and supervision

Hazard: Heatstroke or Sunstroke	Risk of headaches, dizziness, muscle weakness or cramps, nausea or vomiting, rapid heartbeat, shallow breathing, confusion, disorientation, seizures and unconsciousness. Risk to employees.
Control Measures:	
1.	Additional breaks as agreed in a shaded, cooler environment
2.	Drink plenty of fluids – ideally water (non alcoholic)
3.	Consider not working at the hottest part of the day, alter working hours as necessary and agreed, where reasonably practicable
4.	Shade the working environment where reasonably practicable
5.	Take immediate action to remove an employee from the heat source if any symptoms present
6.	Information, instruction, training and supervision

Hazard: Sunburn	Risk of skins burns, longer term increased risk of skin cancer. Risk to employees.
Control Measures:	
1.	Wear eye protection, headgear and clothing that covers the body whilst still allowing skin to breathe
2.	Use a high factor suntan lotion at all times, ensure this is regularly reapplied according to the manufacturer's instructions
3.	Limit exposure to the sun, consider not working in the sun at the hottest part of the day, alter working hours as necessary and agreed where reasonably practicable
4.	Shade the working environment where reasonably practicable



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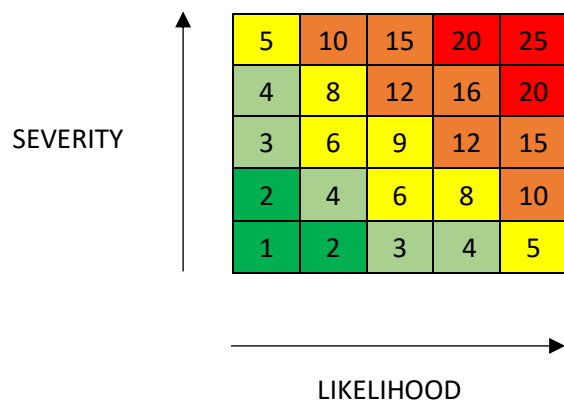
5.	Additional breaks as agreed
6.	Information, instruction, training and supervision

I (name) do hereby declare that I have received, understood and will abide by the contents of this Risk Assessment.

Signed: Date:

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HOW TO CALCULATE A RISK RATING



Likelihood	Severity
1 = extremely unlikely	1 = very minor injury
2 = unlikely	2 = first aid injury
3 = possible	3 = lost time injury
4 = likely	4 = hospital treatment
5 = very probable	5 = disabling injury

Risk rating	Action and timescale
15 and above	Unacceptable Work may not start. Additional controls must be introduced to reduce risk rating to below 9.
9-14	Tolerable Additional controls must be introduced as soon as possible.
5-8	Tolerable Additional controls may be needed
4 or below	Acceptable

1-4 =	Low risk
6-9 =	Medium risk
10-25 =	High risk