Safe System of Work OPERATING AND SAFETY INSTRUCTION FOR SEWING MACHINE

	Instruction	Understood ✓ or X
1	Ensure that all long hair and any loose clothing that may get caught in moving parts (ties/scarves etc.) are tied back or removed before using the hole punch.	
2	Familiarise yourself with the controls, ensure you know how to operate each sewing machine and where the cut off controls are.	
3	Whilst sewing be careful to keep well clear of all moving parts (needle, arm and foot especially).	
4	Turn off power before threading, changing bobbin or needle and cleaning etc.	
5	If something seems to be wrong with the sewing machine (abnormal noise, vibration or odour) during operation, stop the machine immediately and inform your Supervisor or a member of the management team.	
6	When using the compressor to clean the machine at the end of the week use the correct PPE.	
7	Do not use blunt or bent needles.	
8	When not in use turn the machine off.	
9	Report any problem or issue immediately to your Supervisor or a member of the management team.	
firm tos to Supe	ceived the above training and fully understand every point that was explain hat I will wear the required PPE equipment when using the above machi ensure my own safety. I will ask for further training if I need to and will intervisor or Manager if there are any issues with the machinery.	nery and take a
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ve m	that I have trained the aforementioned person and that they fully unders achinery, have received the required PPE equipment and know to informes with the machinery or if they require further training. I authorise this pry detailed above.	n me immediate
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	Date:	